



<https://www.samhsa.gov/>

NAVIGATING THE SAMHSA WEBSITE

Description:

The focus of the Substance Abuse and Mental Health Services Administration is to reduce impacts of mental health and substance use disorders within the United States.

How to find resources:

- Click the link provided on this slide underneath the logo
- You will be brought to the page below, this is the home screen and you can return anytime by clicking the logo in the top left corner (circled in green)
- You can scroll down through the homepage for resources on getting the help you or a loved one may need as well as information about the site itself

U.S. Department of Health & Human Services

SAMHSA
Substance Abuse and Mental Health Services Administration

Home | Site Map | Contact Us

Search SAMHSA.gov Search

Find Treatment | Practitioner Training | Public Messages | Grants | Data | Programs | Newsroom | About Us | Publications

HHS announces \$2M in funding for Social Media and Mental Wellness CoE

The purpose of the Center of Excellence will be to develop and disseminate information, guidance, and training on the impact that social media use has on children and youth.

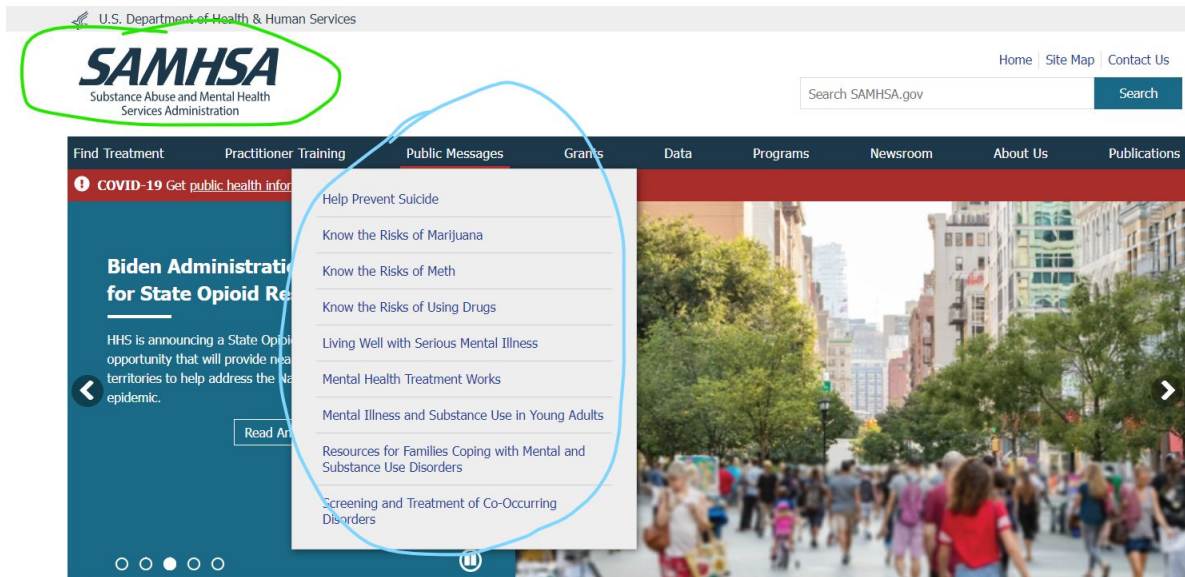
Get Information

Get Help

FindTreatment.gov Millions of Americans have a substance use disorder. Find a facility near you.	988 Suicide & Crisis Lifeline Free and confidential support for people in distress, 24/7. Call or text 988.	Behavioral Health Treatment Services Locator Find treatment facilities confidentially, 24/7. Find a location near you.	National Helpline Treatment referral and information, 24/7. 1-800-662-HELP (4357)
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(Main homepage, more resources as you scroll!)

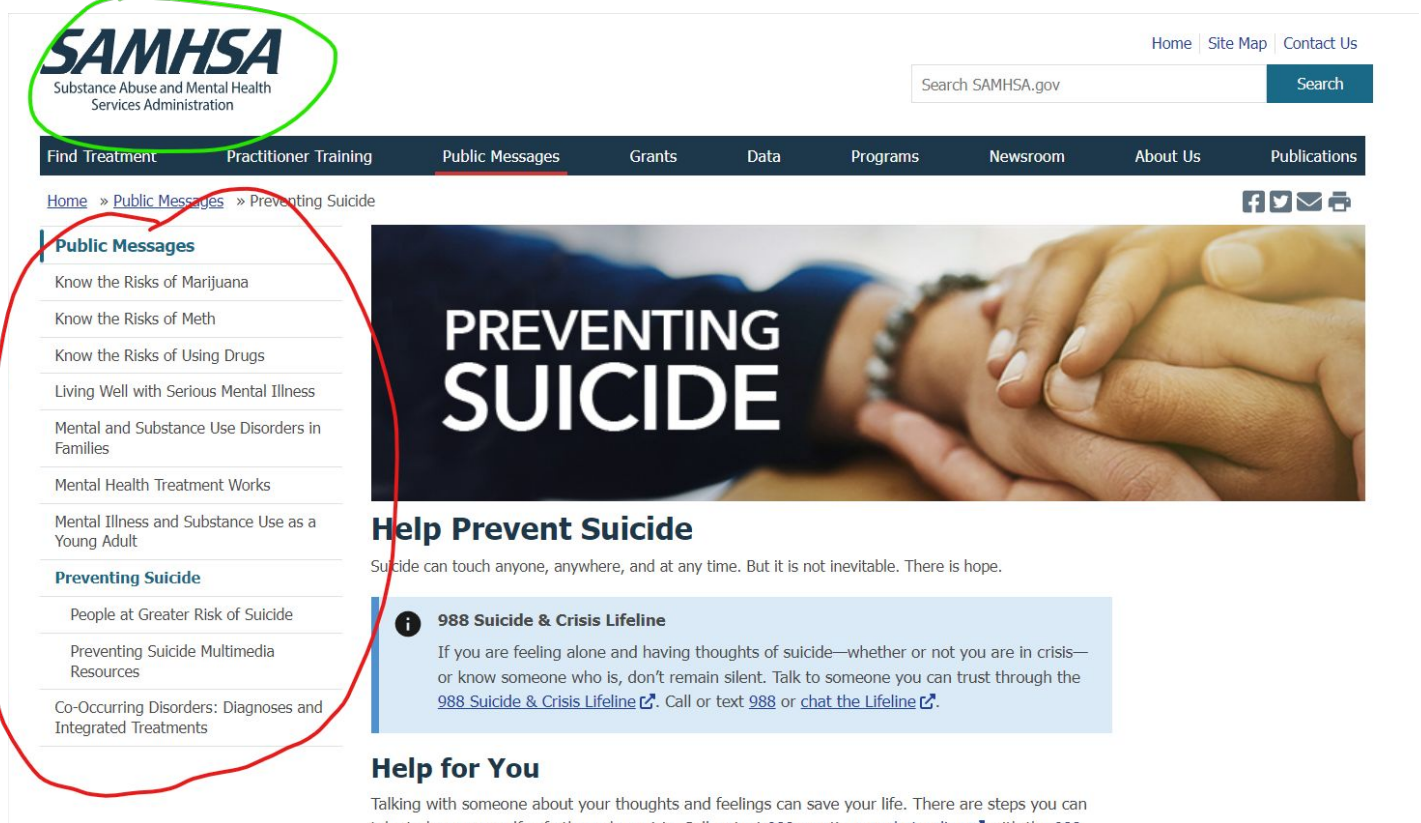
- There are various tabs that can help with more specific questions about the resources available, hovering over these tabs creates a drop-down menu for various subcategories (circled in blue)



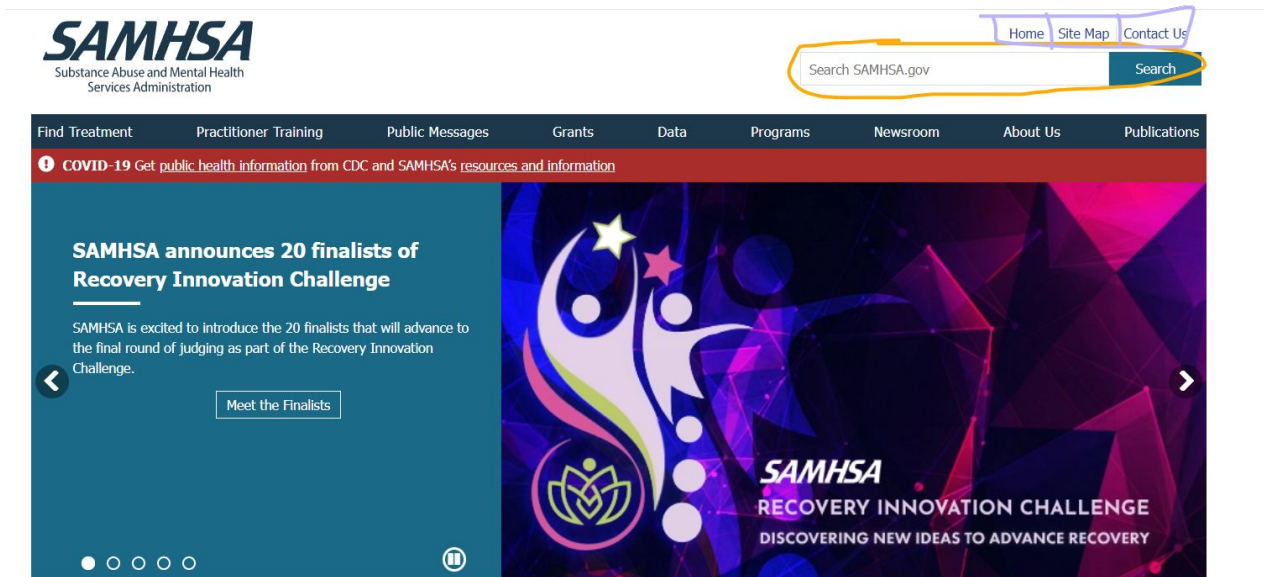
Get Help

- FindTreatment.gov**
Millions of Americans have a substance use
- 988 Suicide & Crisis Lifeline**
Free and confidential support for people in
- Behavioral Health Treatment Services Locator**
- National Helpline**
Treatment referral and information, 24/7.

- If you click on one of the sub-categories shown in the above menu, it will pull up a page with more information and on the side, other subcategories under the main section will be listed for you to click on as needed (red). Again, you can click on the logo in the top left corner to return to home (green).



- The top of the page in the right corner there's a search bar in case you're having trouble finding specific resources (**orange**) and an option to contact the site, a site map which is a list with links to all the resources displayed in the site, and another "Home" option which functions the same as if you were to click the logo and takes you to the home screen (**purple**).



Get Help

FindTreatment.gov

Millions of Americans have a substance use

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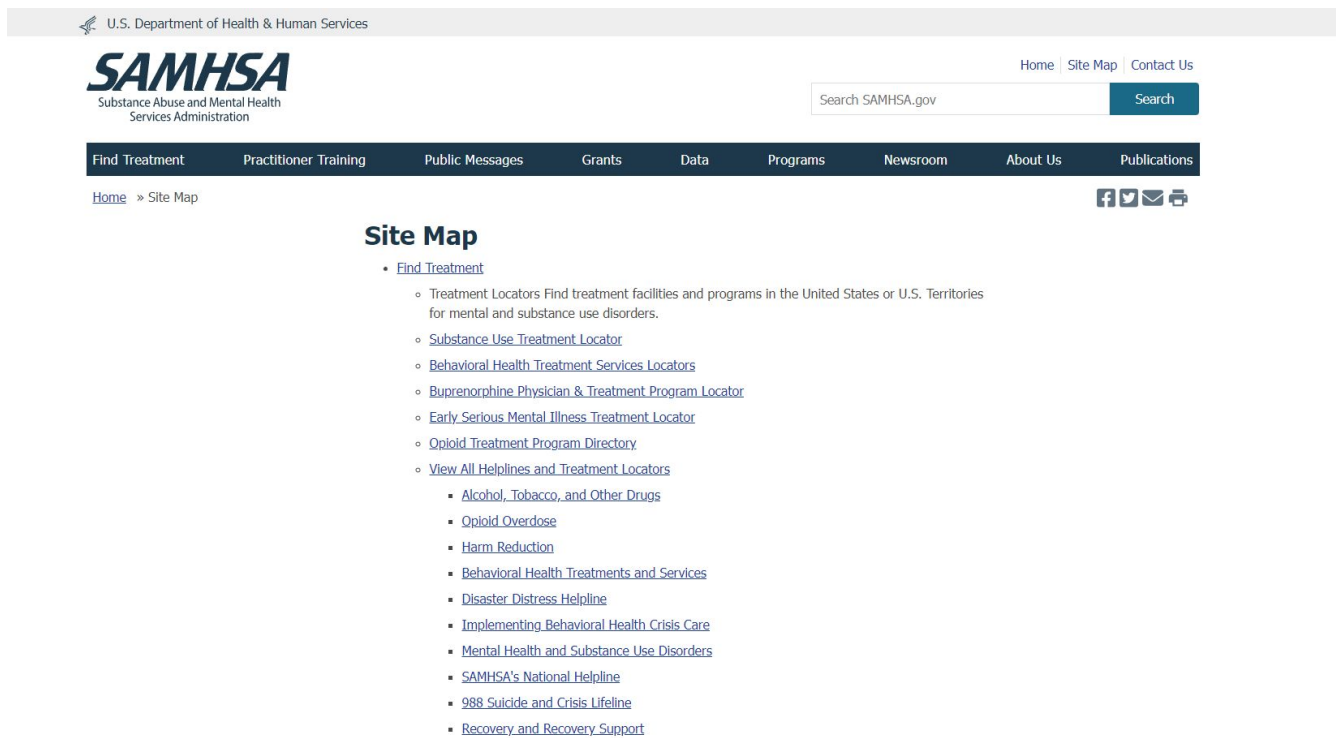
Behavioral Health Treatment Services Locator

Find treatment facilities and programs in the United States or U.S. Territories

National Helpline

Treatment referral and information, 24/7.

- Here's a photo of the Site Map where you can scroll through the page and there's information for all the linked topics which can be clicked on for more information if it's difficult to find a resource (you can also use the search bar for specific sources if needed!)



Congratulations! You know how to navigate the SAMHSA website and resources!