



<https://www.thehotline.org/>

USING THE *NATIONAL DOMESTIC VIOLENCE HOTLINE* WEBSITE

Description:

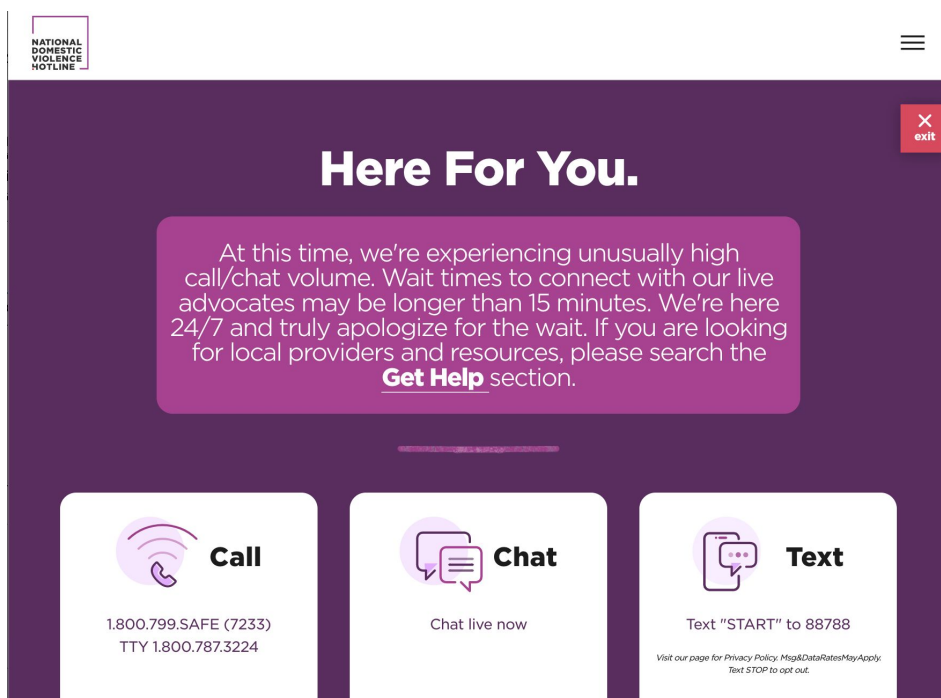
If you or someone you know are a victim of domestic violence and need help, use this website to talk with a kind, trained expert who will keep your conversation private.

On this website, you can:

- Text, Call, or Live Chat with a trained person
- Create a safety plan
- Get help with housing, food, physical health, and mental health
- Find support groups and counselors
- Ask for legal advice
- Read about relationship abuse and the warning signs
- Learn how to support family or friends

The Home page:

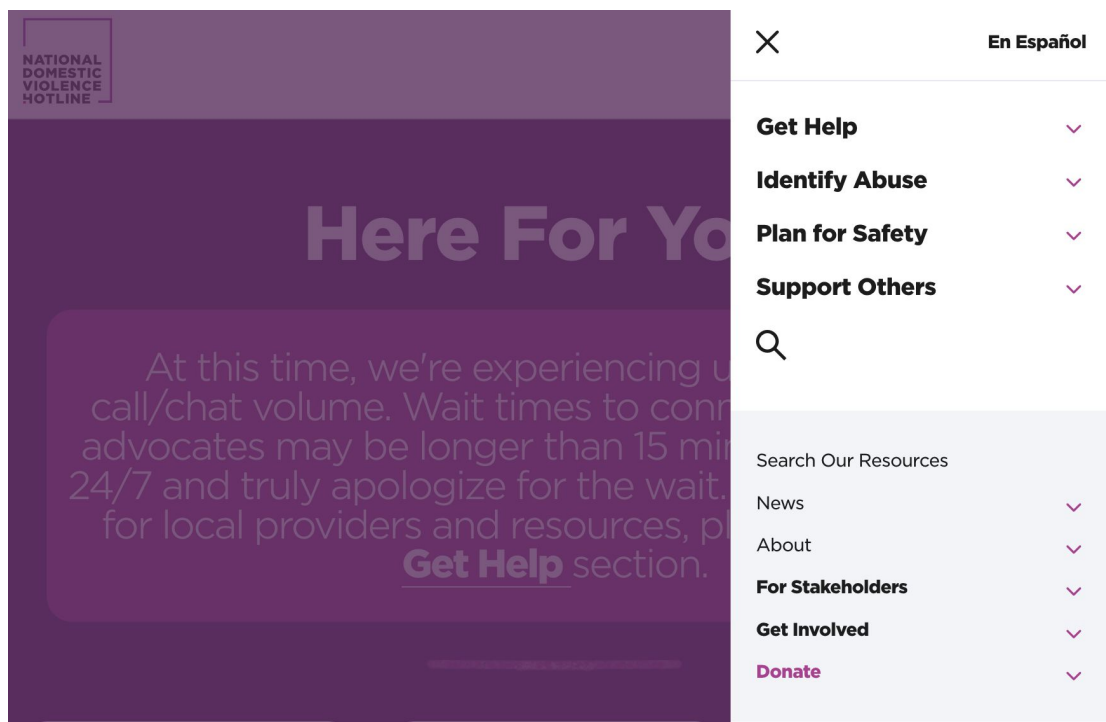
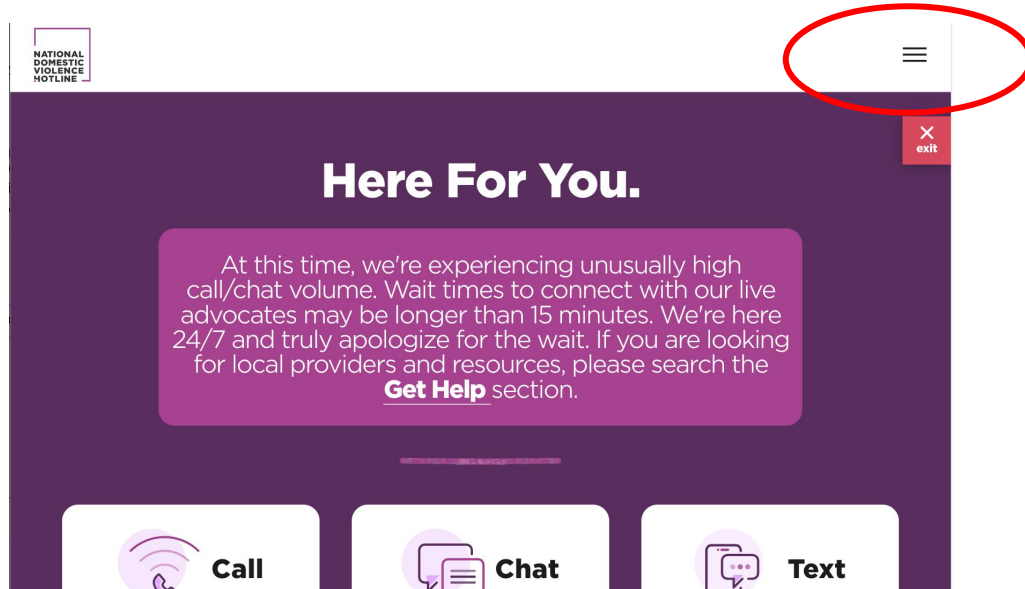
- [Click here](#) to open the home page
- You can Call or Text with your phone, or start a live Chat
 - Select “Chat” to start a chat on the website




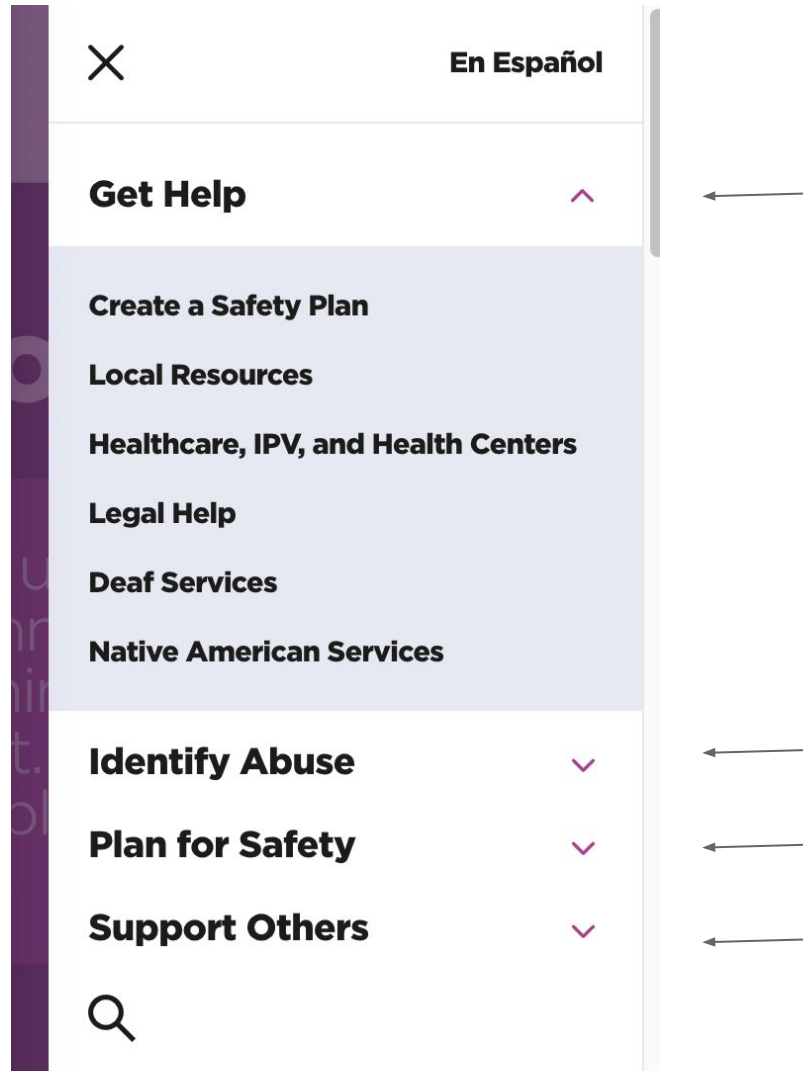
There are 3 ways to find resources:

1st WAY TO FIND RESOURCES:

- Select the Menu button  to open the menu



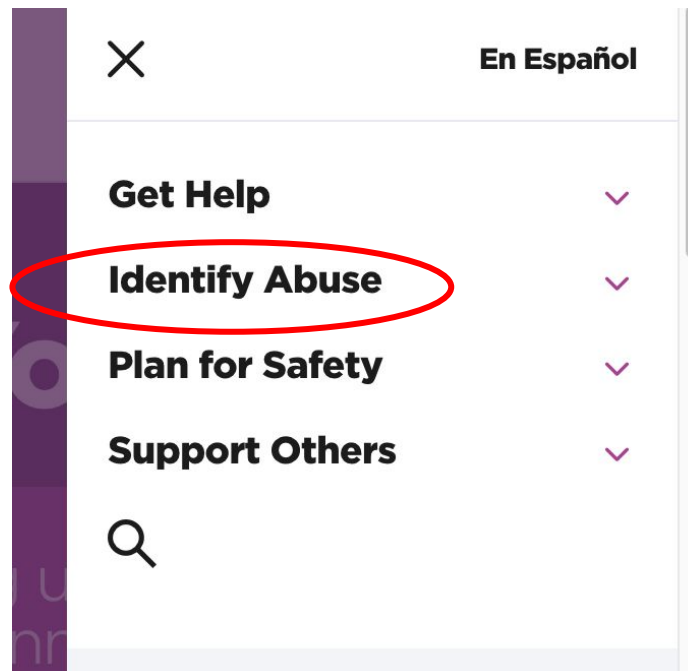
- Select the down arrow  next to the topic you're interested in
(The arrow will flip to point up when you click it)
- Click the topic you want to open



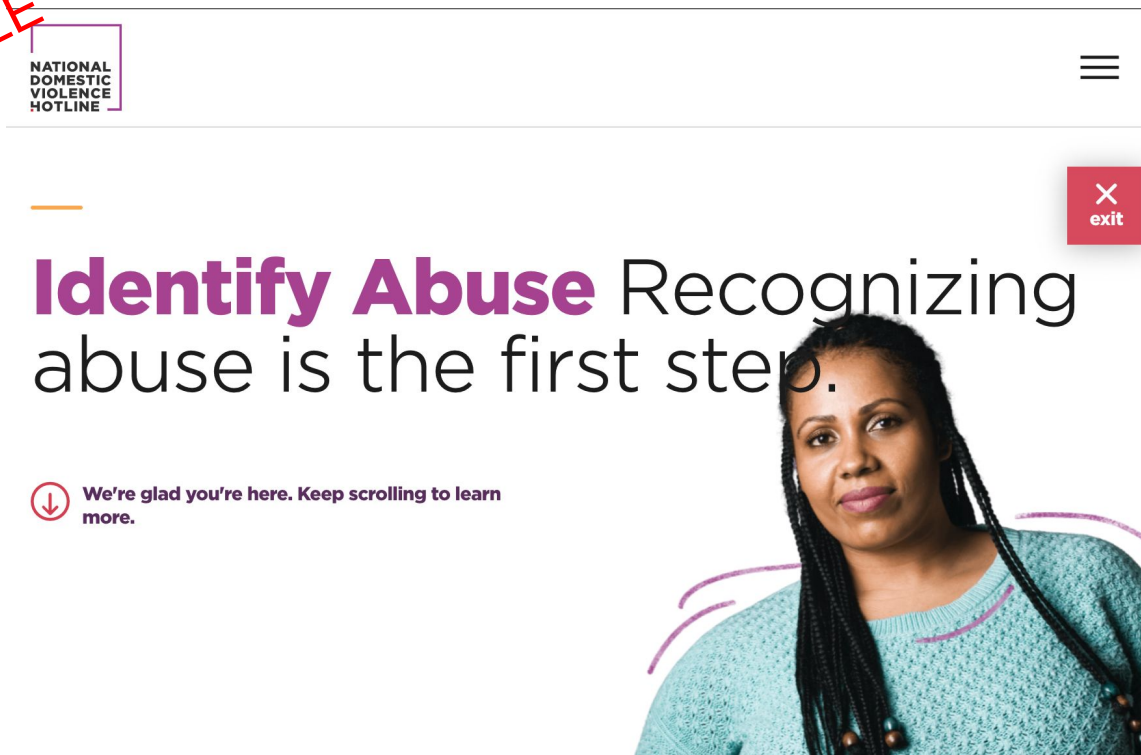
2nd WAY TO FIND RESOURCES:

- Click the words in the Menu
 - a. **For example**, click “Identify Abuse” to open up the main Identify Abuse page

EXAMPLE



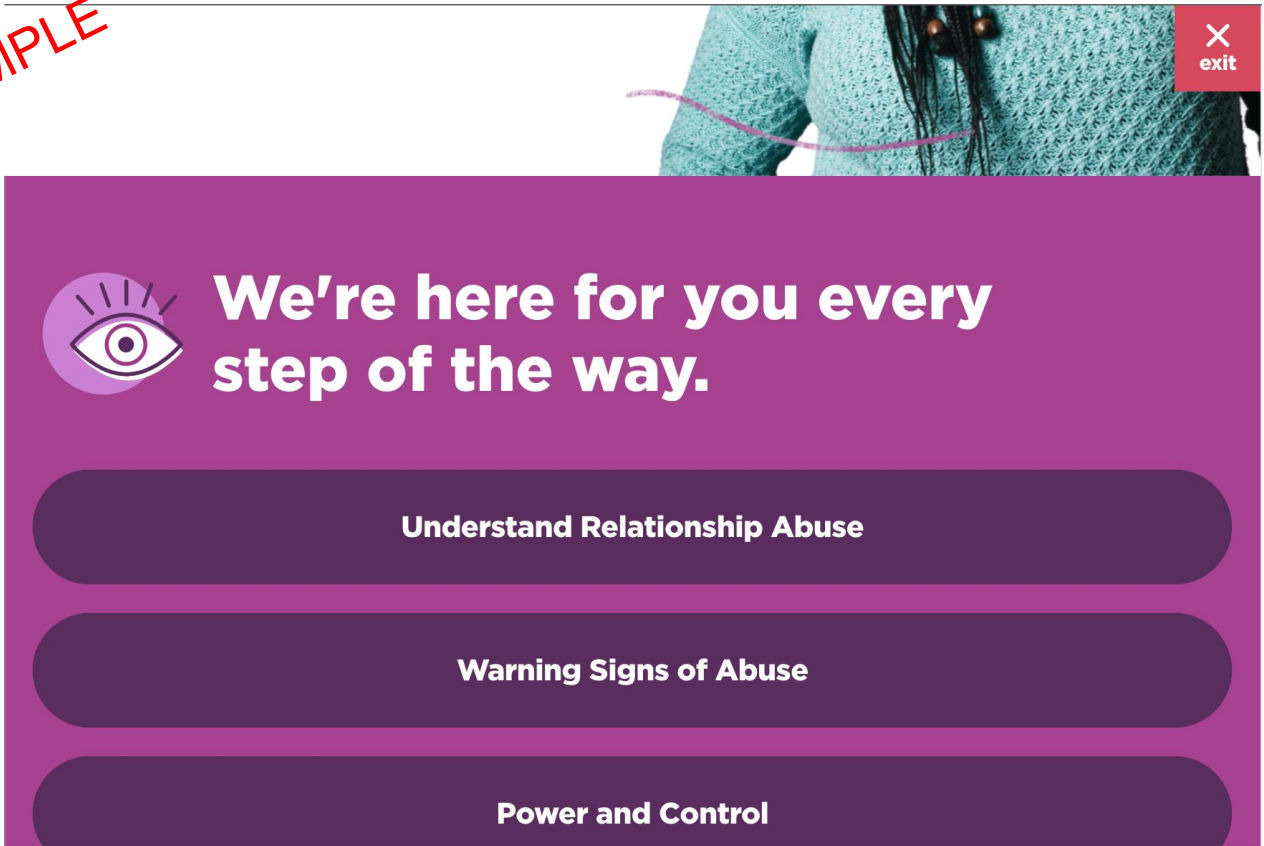
EXAMPLE



- Then scroll down for specific resources



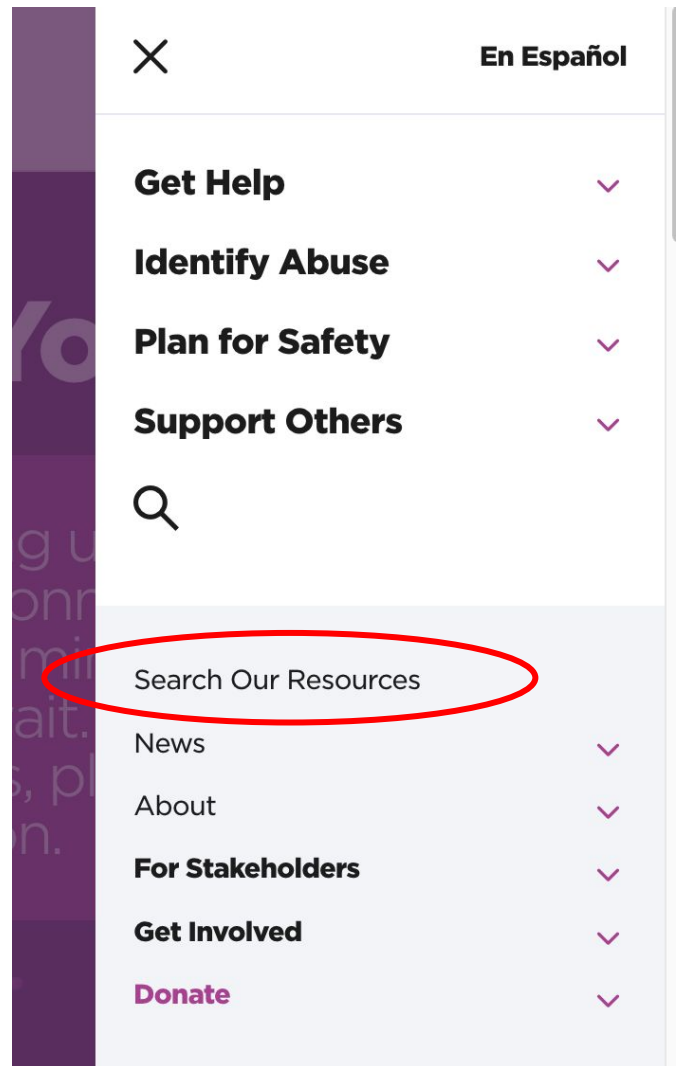
EXAMPLE



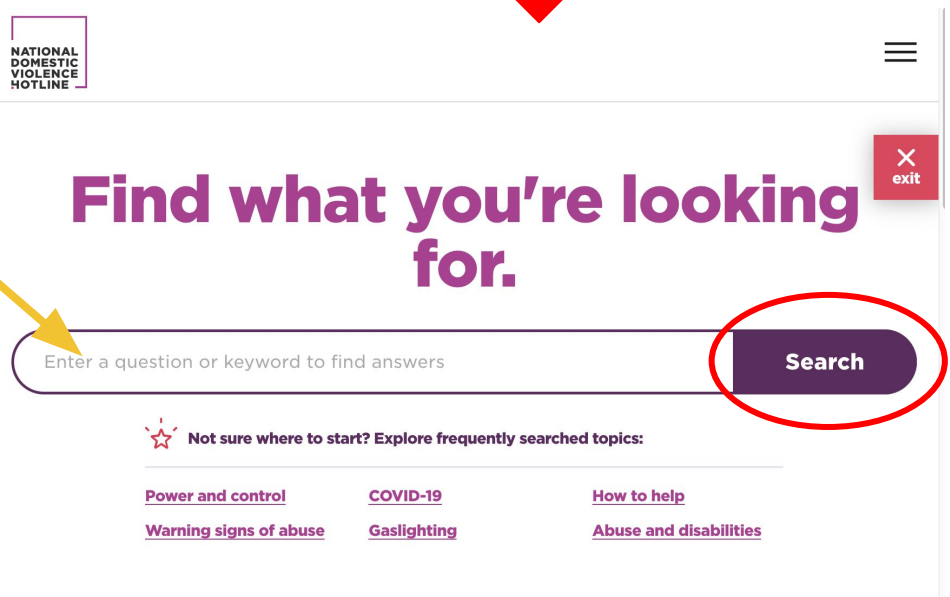
The screenshot shows a mobile application interface. At the top, there is a header image of a person's torso wearing a teal sweater. In the top right corner of the header, there is a red square button with a white 'X' icon and the text 'exit'. Below the header is a purple banner with a white eye icon on the left and the text 'We're here for you every step of the way.' in white. Below the banner are three dark purple rounded rectangular buttons with white text: 'Understand Relationship Abuse', 'Warning Signs of Abuse', and 'Power and Control'.

3rd WAY TO FIND RESOURCES

- Click “Search Our Resources”



- This will open up the Search page
- Type what you want to find
- Then click “Search”



Congrats! Now you know how to use this website!